

JLFS 2024 Annual Conference Schedule

“25 Strong”

Start	Stop	THURSDAY - Group A - Instructor	Group B – Instructor
3:30 PM	4:15 PM	Tom Updegrove	NA
4:30 PM	5:45 PM	Phil Maldonato	NA
6:00 PM	7:15 PM	Bob Mauro	NA
7:30 PM	9:00 PM	Board Meeting	NA

Start	Stop	FRIDAY - Group A – InstructorTT	Topic
8:00 AM	9:15 AM	Phil Madonato	
9:30 AM	10:45 AM	- Tom Updegrove	
11:00 AM	12:15 AM	Walt Lysak	
12:30 PM	1:45 PM	Kathy “Kat” Long	
2:00 PM	3:15 PM	Bob Mauro	
3:30 PM	4:45 PM	David Bybee	
5:00 PM	6:15 PM	Dennis Nackord	
6:30 PM	8:00 PM	Black Belt Testing	

Start	Stop	SATURDAY - Group A – Instructor	Topic
8:00 AM	9:15 AM	Walt Lysak	Under Black Testing
9:30 AM	10:45 AM	Kathy “Kat” Long	
11:00 AM	11:30 PM	Group Photo	Group Photo
11:30 PM	12:45 PM	Nackord	
1:00 PM	2:15 PM	Bob Mauro	
2:15 PM	3:30 PM	Bybee	
3:45 PM	5:00 PM	Tom & Phil	
5:00 PM	6:15 PM	Self Defense Panel Discussion	
6:15 PM	7:00 PM	Dinner Time	Dinner on your Own
7:00 PM	9:00 PM	Awards Ceremony	Awards Banquet

Start	Stop	SUNDAY - Group A – Instructor	Group B – Instructor - Topic
9:00 AM	10:15 AM	Tom Updegrove & Bob Mauro	Self Defense
10:30 AM	11:45 AM	Phil Maldonato & David Bybee	Sport Fighting